

WILDERNESS CANOE BASE PACKING LIST

When you arrive at camp, you will carry your luggage to your cabin. Pack in bags that are easy to carry such as a backpack or duffel bag. Rolling suitcases are difficult to maneuver on rocky trails.

- 1 or 2 pairs "dry" shoes (tennis shoes or hiking boots). No open-toe or open-heel shoes are allowed.
- 1 pair "wet" shoes (tennis shoes or hiking boots). No "aqua socks" or open-toe or open-heel shoes allowed. *(Camp has some used wet shoes in a variety of sizes available to be borrowed)*
- Rain jacket and rain pants
- Long pants - Pants made of nylon, wool or other synthetic fibers are best. Cotton (including denim) will work if that is what you have.
- Shorts
- Swimsuit & Towel
- Wide-brimmed hat or other sun protection
- Shirts for layering - include warm (fleece or wool) top layer, sunshirt mid layer, and t-shirts for light layers
- Socks, underwear, and other underclothes for the duration of your stay at camp
- Sleeping bag and small pillow
- Flashlight or Headlamp
- Toiletries (avoid scented products and pack only the essentials)
- Sunscreen (SPF 30+)
- Water bottle
- Prescription medications in original packaging. Bring only as much as needed for time at camp.



Optional:

- bug repellent (less than 30% deet)
- sunglasses
- camera
- lip balm
- fishing gear/license
- cards/games, art supplies, books, etc
- money for camp store
- small backpack/day pack for excursions
- journal

Things to leave at home

- electronic devices
- precious items that you would not want damaged or lost
- pets, knives, firearms or weapons of any sort, fireworks, alcohol, tobacco illegal drugs

ADDITIONAL TIPS FOR PACKING

Layering Clothing

Temperatures at camp can range from 40°F to 90°F. Follow the packing list and layer clothing for variable weather. Choose warm, non-bulky items, favoring nylon and wool over cotton. These materials retain heat and dry faster if wet. If you only have cotton, bring extra options in case it gets wet. You don't need to buy new gear; these are just recommendations.

Wet Clothes

Wet clothes are worn during the day while paddling and portaging. Avoid cotton; pack synthetic fibers like nylon, fleece, polyester, or wool. Bring 1-2 sets of wet clothes, including wool or synthetic socks, wet shoes (old sneakers work great!), and rain gear. Rain pants are strongly recommended for warmth and dryness.

Dry clothes

Dry clothes are worn on base. Long sleeves and long pants are recommended for warmth and mosquito protection. Pack 1-2 sets of dry clothes, favoring wool and synthetic materials. The dry set of clothing also includes a pair of dry shoes and socks.

Layers

Layers of clothing allow your body to remain at a comfortable temperature throughout the day

- Inner layer = pulls moisture away from body
- Middle layer = warmth
- Outer layer = protection from elements (mostly wind and water)

Wet Foot Policy

Wilderness Canoe Base has a "Wet Foot Policy". No open-toe or open-heel shoes are allowed at any time while at Wilderness or during a trip. Recommended footwear includes old tennis shoes or hiking boots. When in the water, all campers must wear shoes, so two pairs of shoes are required – one to stay dry, and one to get wet. During a trip, wet shoes will be worn during the day, and dry shoes will be worn at the campsite in the evenings. Extra wet shoes are available in different sizes at Wilderness Canoe Base.

Departure Day

On your day of departure, you will clean up and sauna. You will want to save a clean set of clothes to wear after the sauna and for the ride home. It may be convenient to bring a small bag to store your "ride home" clothes.